

## **Lakeville Council on Aging Meeting Minutes of December 6, 2023**

The Lakeville Council on Aging held a meeting on Wednesday, December 6, 2023 at the Lakeville Senior Center. The meeting was called to order at 10:06 am by Chairman Deveney Boyadjian.

**Roll call:** Taken by Donna Adams

**Present:** Donna Adams, Joanne Bowes, Deveney Boyadjian, Lori Fahey, Paula Houle, Charlene Montleon, Patricia Mustacaros, Evajune White, Hilary Wood

**Alternate:** Rosemary Duclos

**Absent:** Gail Dragicevich, Nancy Richmond

Lori asked if we feel it is necessary for her to go over the number of attendees from the previous months' events at our meetings. Hilary stated that it would be helpful for us to determine what programs are well attended, what ones need to be improved and what ones need to be dropped. We did feel it is not necessary for Lori to go over monthly upcoming events. Everyone gets the newsletter which has all upcoming events. If anyone has any questions regarding upcoming events that can be addressed at the meeting.

### **Exercise Programs:**

Lori is working on bringing in more exercise programs.

Tai Chi may be scheduled 2 times a month instead of 4 due to financial reasons.

Drums Alive which is a chair exercise class may be offered monthly.

### **Movies:**

More movies will be scheduled for January and February. If the center is closed due to bad weather it is easier for the staff to cancel movies compared to canceling programs.

A motion was made by Deveney to approve the minutes from the November 1, 2023 meeting. The motion was approved by Charlene Montleon and seconded by Patricia Mustacaro.

### **New Business:**

Deveney would like all members to work on developing a mission statement for the board. How can we better serve our seniors? Advocacy and Outreach – What are we allowed to do?

Lori mentioned on Mass.gov there is a guide for COA Board Members that should help us.

There was a discussion regarding getting seniors to the polls for voting. Deveney is going to get information on the legality of volunteers transporting seniors.

Paula brought up the Senior Work Off Program. Deveney is getting more information on this program.

A motion was made by Deveney to adjourn the meeting at 10:50 The motion was approved by Charlene Montleon and seconded by Evajune White.

**Next Meeting: Wednesday January 3, 2024 at 10:00 am**

Respectfully Submitted by: Donna M Adams